



Conder Medical & Dental Centre

Patient Instruction Sheet Following Ear Irrigation Procedure

Routine Ear Cleaning

Use soap, water and face cloth to clean the external ear only and leave the ear canal alone.

You may have a small amount of residual water in your ear from the procedure; allow this to drain out naturally.

Do not put anything into the ear such as cotton buds, matches or hair clips to remove wax as it may push the wax further down and impact it, cause trauma to the canal or possibly perforate the ear drum.

Return to see the Doctor if any adverse reactions occur such as:

- Pain
- Tinnitus (ringing in the ears)
- Vertigo (dizziness)
- Discharge
- Bleeding
- Loss of hearing

Use wax softening agents as directed.

Follow up instructions

Review Appointment Required: Yes No

Date: Time:

Please contact reception if you experience any problems post procedure.