



Conder Medical & Dental Centre

Lung Function Test

Your GP has advised that you make an appointment for a lung function test (also known as Spirometry). This test measures airflow and assesses how well your lungs are functioning.

The test is performed in the practice with the nurse and usually takes about 20 minutes to complete. It is then followed by a review by your GP.

It is recommended that you complete this test every 6 months as it is valuable in airways assessment for the following reasons:

- You are a smoker
- You are an ex-smoker
- You have been exposed to passive smoke
- You have a known respiratory condition such as asthma
- As an aid to diagnosis
- As an evaluation of treatment

We ask that if you currently use an inhaler for management of respiratory conditions that you stop prior to your test (see below for details), as we will usually administer medication as a routine part of the test.

If you take:

Ventolin/Atrovent – stop at least 6 hours prior to test

Symbicort/Serevent – stop at least 12 hours prior to the test

Spiriva – stop at least 24 hours prior to the test

Reference – Australian Lung Foundation